

White Chicken Chili

INGREDIENTS

2 chicken breasts

½ yellow onion, diced

1 tbsp olive oil

1 tbsp garlic, finely minced

3 cups chicken stock

1 fresh jalapeno, deseeded and diced

1 tbsp cumin

2 tsp paprika

2 tsp dried oregano

1 tbsp ground coriander

2 tsp cayenne pepper

salt and freshly ground black pepper to taste

1 (8 oz) block light cream cheese, cut into small

cubes

½ cup frozen or fresh corn

1 (15 oz) can cannellini beans

1 tbsp fresh lime juice

2 tbsp chopped fresh cilantro, plus more for serving

Tortilla chips or strips, monterey jack cheese, sliced

avocado for serving (optional)

DIRECTIONS

- 1. Heat olive oil in a large pot over medium-high heat. Season your chicken breast with salt and pepper and place in the pot to sear both sizes until golden brown, about 5-7 minutes.
- 2. Once ready, remove chicken breasts and set aside to cool.
- 3. In the same pot, add onions, garlic and green chilies, and stir until onions are translucent.
- 4. Add all the spices and stir to until combined and fragrant, about 7-10 minutes.
- 5. Add your chicken broth, half of the beans and let simmer for 5-10 minutes.
- 6. Meanwhile, begin shredding your chicken breasts into strips and place back into the soup.
- 7. Begin adding cream cheese, lime juice and corn, and stir until smooth.
- 8. Once smooth, begin plating into bowls. Garnish with shredded cheese, cilantro, avocado and tortilla chips to serve.